



Thank you for your interest in the Pilates Sports Center Certification Program. PSC offers not only one of the most profoundly effective exercise systems ever developed but gives special emphasis to the extensive rehabilitative aspects of the work of Joseph H. Pilates. The importance of quality instruction, well-rounded, innovative training, and good credentials cannot be ignored in today's competitive world. Please see our videos on our YouTube channel to make the BEST choice. **Please watch this [VIDEO](#) for MORE information!**

We would love to meet with you to tour our studio. We strongly encourage you to apply to hold your spot in the course as we only accept 12 students.

The deposit is deducted from your tuition cost (deposit is nonrefundable). We are available to you - please call, email, or visit our website: www.PilatesSportsCenter.com Thank you for choosing PSC. We are looking forward to seeing you in the Studio soon!

Fall 2026 Programs

ENCINO CA 2026 (In Studio and Virtual Option)

Every Wed and Thur 12 to 4pm / Sept 2nd - Nov 5th

Fundamentals: September 2 - 3rd

Mat: September 9th - 23rd (+Saturday September 19th)

Reformer: September 23rd - Oct 29th (+Saturday October 3rd)

Cadillac Nov 4 - 19th (+Saturday)

Wunda Chair Dec 2nd - 17th (+Saturday)

Exams Dec 16/17th 2026

FEES

Full Course \$6900.00

(Minus a Non-Refundable Deposit of \$500)

OR Modules:

Fundamentals \$400

Pilates Mat \$1,800

Reformer \$2,700

Cadillac \$1,400

Chair \$1,400

OR Mat - Reformer Only

Fundamentals / Pilates Mat / Reformer ONLY

= \$4,900

Here is what is required to apply:

30 Hours of Pilates experience (PSC can assist with this needed experience)

Interview in person or virtual. Deposit (non-refundable)

Please let us know if you have any questions at all. Our dates and rates are in the digital brochure.

The Next Generation in the Teachings of Joseph H. Pilates

www.PilatesSportsCenter.com Info@PilatesSportsCenter.com

We look forward to having you join us for the best and longest-running Pilates education program in Los Angeles.

In Health,

Andromeda Stevens & Helena Hultberg Talman
NCPT Certified Pilates Teacher™ & Continuing Education Providers

APPLY [HERE](#)

In Health,

Andromeda Stevens & Helena Talman
NCPT Certified Pilates Teachers™
& Continuing Education Providers
Studio: 818 788 8112

www.WellnessCenterofEncino.com

www.PilatesSportsCenter.com

info@PilatesSportsCenter.com

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