



Thank you for your interest in the Pilates Sports Center Certification Program. PSC offers not only one of the most profoundly effective exercise systems ever developed but gives special emphasis to the extensive rehabilitative aspects of the work of Joseph H. Pilates. The importance of quality instruction, well-rounded, innovative training, and good credentials cannot be ignored in today's competitive world. Please see our videos on our YouTube channel to make the BEST choice. **Please watch this [VIDEO](#) for MORE information!**

We would love to meet with you to tour our studio. We strongly encourage you to apply to hold your spot in the course as we only accept 12 students.

The deposit is deducted from your tuition cost (deposit is nonrefundable). We are available to you - please call, email, or visit our website: www.PilatesSportsCenter.com Thank you for choosing PSC. We are looking forward to seeing you in the Studio soon!

Summer 2026 Programs

CALABASAS CA

Class times: Wed & Fri 12:30-4:30PM
Fundamentals: July 8th & 10th
Mat & Reformer: Aug 9th - Aug 28
+ Sat Dates: July 11, 25th, August 8 and 22nd

VALENCIA CA

Days/Times: 2-3 weekends/month Sat 10am-4pm and Sun 10:30am-4:30pm
Fundamentals: July 11-12
Mat Pilates: July 12, 18-19, Aug 1
Reformer: Aug 2, 8-9, 22-23, 29-30, Sept 12-13
Cadillac: Sept 13, 19-20, Oct 3
Wunda Chair: Oct 4, 10-11
FINAL EXAMS: Oct 17-18

Fall 2026 Programs

ENCINO CA

Every Wed and Thur 12 to 4pm / Sept 2nd - Nov 5th
Fundamentals: September 2 - 3rd
Mat: September 9th - 23rd (+Saturday September 19th)
Reformer: September 23rd - Oct 29th (+Saturday October 3rd)
Exams: November 4th & 5th

FEES

(Minus a Non-Refundable Deposit of \$500)
Fundamentals \$400
Pilates Mat \$1,800
Reformer \$2,700

Here is what is required to apply:

The Next Generation in the Teachings of Joseph H. Pilates
www.PilatesSportsCenter.com Info@PilatesSportsCenter.com

30 Hours of Pilates experience (PSC can assist with this needed experience)

Interview in person or virtual. Deposit (non-refundable)

Please let us know if you have any questions at all. Our dates and rates are in the digital brochure.
We look forward to having you join us for the best and longest-running Pilates education program in Los Angeles.

In Health,

Andromeda Stevens & Helena Hultberg Talman
NCPT Certified Pilates Teacher™ & Continuing Education Providers

APPLY HERE

In Health,

Andromeda Stevens & Helena Talman
NCPT Certified Pilates Teachers™
& Continuing Education Providers
Studio: 818 788 8112

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