



## PSC SEXUAL HARASSMENT POLICY

### Definition:

Sexual Harassment is defined as unwelcome verbal, visual, or physical conduct of a sexual nature that is severe or pervasive and affects working conditions or creates a hostile work environment.

### Examples:

- Verbal or Written Comments about clothing, personal behavior, or a person's body; sexual or sex based jokes; requesting sexual favors or repeatedly asking a person out; sexual innuendoes; telling rumors about a person's personal or sexual life; threatening a person.
- Physical Assault - impeding or blocking movement, inappropriate touching of a person or a person's clothing; kissing, hugging, patting, stroking
- Non-verbal - Looking up and down a person's body; derogatory gestures or facial expressions of a sexual nature; following a person
- Visual - Posters, drawings, pictures, screensavers or emails of a sexual nature

### Procedure:

- Any student who feels they have been subject to sexual harassment should take the following actions:
- Speak directly to the source of the discrimination.
- If this is not a reasonable option, or if such an option does not remedy the situation, speak with your Master Teacher or Studio owner.
- If this is not a reasonable option, or if such an option does not remedy the situation, speak with the PSC Directors.
- If this is not a reasonable option, or if such an option does not remedy the situation, document all relevant facts and send documentation to: Pilates Sports Center (address below)

I have read and understand the above procedures, and commit to following the steps delineated if I feel I have been made a victim of sexual harassment. Students who are found to have sexually harassed or knowingly filed a false complaint of sexual harassment against another employee, student, or Master Teacher shall be subject to disciplinary action, including termination and dismissal from Program with no refund or Diploma/Certificate of Completion.

Student Name (print):

Student signature:

Date:

---

Pilates Sports Center International Inc.  
Corp Headquarters: 24282 N. 78th Ave. Peoria AZ 85383  
Director of Business Development 818-231-6777  
[info@PilatesSportsCenter.com](mailto:info@PilatesSportsCenter.com) [www.PilatesSportsCenter.com](http://www.PilatesSportsCenter.com)

You can also [fill out this form](#) (avail on the Pilates Sports Center Website as well) to describe your case. Once you submit the form, a Director will contact you. All information you provide will remain confidential.