

PSC SEXUAL HARASSMENT POLICY

Definition:

Sexual Harassment is defined as unwelcomed verbal, visual, or physical conduct of a sexual nature that is severe or pervasive and affects working conditions or creates a hostile work environment.

Examples:

- Verbal or Written - Comments about clothing, personal behavior, or a person's body; sexual or sex- based jokes; requesting sexual favors or repeatedly asking a person out; sexual innuendoes; telling rumors about a person's personal or sexual life; threatening a person.
- Physical - Assault; impeding or blocking movement; inappropriate touching of a person or a person's clothing; kissing, hugging, patting, stroking.
- Non-verbal - Looking up and down a person's body; derogatory gestures or facial expressions of a sexual nature; following a person
- Visual - Posters, drawings, pictures, screensavers or emails of a sexual nature

Procedure:

Any student who feels they have been subject to sexual harassment should take the following actions:

- Speak directly to the source of the discrimination.
- If this is not a reasonable option, or if such an option does not remedy the situation, speak with your Master Trainer or Studio owner.
- If this is not a reasonable option, or if such an option does not remedy the situation, speak with the PSC Directors.
- If this is not a reasonable option, or if such an option does not remedy the situation, document all relevant facts and send documentation to: Pilates Sports Center, Attn: Directors, 16430 Ventura Blvd Suite 100, Encino, CA 91436 OR the PMA PSAP Committee
PSAP@pilatesmethodalliance.org

I have read and understand the above procedures, and commit to following the steps delineated if I feel I have been made a victim of sexual harassment. Students who are found to have sexually harassed or knowingly filed a false complaint of sexual harassment against another employee, student, or Master Trainer shall be subject to disciplinary action, including termination and dismissal from Program with no refund or Certificate of Completion.

Student Name (print): _____

Student signature: _____

Date: _____

Mailing Address:

Pilates Sports Center, Attn: Directors, 16430 Ventura Blvd Suite 100, Encino, CA 91436

Email: Admin@PilatesSportsCenter.com

Phone: 818-788-8112 OR 800-604-PSCI (7724)

Email the Directors:

You can also [fill out this form](#) to describe your case. Once you submit the form, a Director will contact you. All information you provide will remain confidential.