

## PSC Product Order Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Shipping Address: \_\_\_\_\_

### WORKOUT DVDS (+ 9% Tax in CA)\*\*

- Jump Board Series: *I, II with props, III Cardio Pump*
- Choose any one: \_\_\_\_\_ \$29.95
  - Choose any two: \_\_\_\_\_ \$39.95
  - Choose all three: \_\_\_\_\_ \$49.95
- Pilates for Men 10-20-30 Challenge:
- 3 DVD Set** \$29.95
  - Pilates For Men Disc I: Mat \$19.95
  - Pilates For Men Disc II: Band \$19.95
  - Pilates For Men Disc III: Ball \$19.95
  - Pilates PMS Relief Workout \$19.95
  - Advanced Cadillac Techniques Workout \$29.95
  - Cardio Springboard/Tower Workout \$29.95
  - Split Pedal Wunda Chair Workout \$29.95
  - Foam Roller Advanced Workout \$19.95
  - PHIT(Pilates High Intensity Interval Training) \$19.95
  - Stretch & Stamina Workout \$19.95
  - Burn at the Barre Workout 3 levels (60min) \$19.95
  - Burn at the Barre Advanced Express(30min) \$19.95
  - Burn at the Barre Beginner Express (30min) \$19.95
- Barre DVDs are %50 off for BatB Members who wish to resell in studio*

### ACCESSORIES\*\*

- Bands (medium tension) \$7.60
- 7" Ball for Pilates / Barre \$6.50
- Joe Pilates Vintage Reformer Photo Catalogue (12 pgs) \$54.50

### PSC Teacher Training Manuals\*\*:

- PSC Teacher Trainers & Graduates Only*
- Nuts & Philosophy ("2 Day Start Up") \$20
  - Mat Work . . . . \$20
  - Reformer . . . . \$25
  - Cadillac . . . . \$20
  - Chair . . . . \$15

### PSC WORKSHOPS FOR PROFESSIONALS\*\*:

*Workshop Price is Per Person & Comes With a DVD & Workbook*

- Advanced Cadillac Workshop \$90
- Jump Board Workshop \$90
- Advanced Jump Board Workshop \$90
- BOSU™ On The Reformer \$90
- Cardio Springboard/Tower Workshop \$90
- Foam Roller Workshop \$90
- Interval Pilates Workshop \$90
- Ladder Barrel Workshop \$90
- Pilates Interval Workshop \$90
- Pilates For Men Workshop \$90
- PMA Exam Study Course \$90
- Props in the Pilates Studio Workshop \$90
- Spine Corrector Workshop \$90
- Split Pedal Wunda Chair Workshop \$90
- Stretching in Perfect Alignment \$90
- Vintage Repertoire Workshop \$90
- Pregnancy and Pilates Workshop \$130
- Scoliosis Workshop \$130

### Common Problems & Pilates Protocols:

- Shoulder \$130
- Upper Quadrant DVD Set \$300  
*(Spine, Cervical Spine, Shoulder, Elbow, & Wrist)*  
*(More modules coming soon)*

### Pilates Business Workshops Two Versions:

- Beginner I - *Getting Started* \$130
- Advanced II - *Studio Operations* \$130

### Burn at the Barre Home Study Program:

- Burn at the Barre Level I Home Study \$549
- Burn at the Barre Level II Home Study \$179

Total # Items: \_\_\_\_\_

Subtotal \$: \_\_\_\_\_

(If applicable) CA Tax on DVDS 9%: \_\_\_\_\_

(\$6 minimum S+H. Actual charge to be calculated by total weight) Shipping: \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

**\*\*PSC Master Trainers: Wholesale Discount is only on DVDs & Workshops, not on accessories & manuals.**

Name (as listed on CC): \_\_\_\_\_ Billing Zip \_\_\_\_\_ VISA / MC (No Amex)

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ 3 Digit Sec Code: \_\_\_\_\_

Card Holder Authorized Signature: \_\_\_\_\_ PAID \$ \_\_\_\_\_ CC / Check / Cash